

VOLLEYBALL SKILLS CLASSES

WITH

MARI BURNINGHAM

Presented by:



ADRENALINE

SPORTS ACADEMY

IMPROVE YOUR GAME WITH THE HEAD COACH OF
THE UNIVERSITY OF REDLANDS WOMEN'S PROGRAM

VOLLEYBALL SKILLS CLASSES SCHEDULE

May 2 - Passing, Digging and Ball Control

May 9 - Ball Control, Hitting Techniques

May 16 - Ball Control, Serving (4 types)

May 23 - Ball Control, Serve and Serve Receive

May 30 - Ball Control, Hitting and Blocking

NON-MEMBERS: \$35 (Single Class), \$130 (Four Classes)

ADRENALINE MEMBER COST: \$22.75 (Single), \$91.00 (Four)

ALL CLASSES FROM 10 a.m. to NOON



FOR MORE INFORMATION
www.adrenalineathletic.com
(951) 686-8881

