

CURRENT RESULTS

*Check out some of these fantastic results from our Adrenaline training members using the Adrenaline Training System (ATS).
Train like a pro at Adrenaline Athletic Training.*

- N.F.L. free agent offensive tackle, **Cory Lekkerkerker**, just signed with the **Dallas Cowboys** for the 2008 season after training at Adrenaline this off-season. At 6'7" and 323 pounds, Cory is an imposing force on the offensive line. Good luck in big D, Cory! We'll be watching and rooting for you.
- **Kenjon Barner**, a senior at **Notre Dame High School** in Riverside, bound for the University of Oregon in the fall, ran the fastest 40-yard dash time in Adrenaline history, an electronically timed 4.50 seconds. He also holds the new Adrenaline "Top 5" 20-yard shuttle record at 4.06 seconds.
- **Jack Mahar**, a 17-year old from **King High School** in Riverside, improved his 20-yard shuttle time from 4.79 to 4.50 in just 12 weeks training at Adrenaline. He also dropped his 40-yard dash time from 4.92 to 4.79. His vertical jump increased from 24" to 30" in this same 12 weeks.
- Adrenaline training members **Cedric Provost, Emil Smith, Kevin Moore** and **Tyler Swinford** were just invited to join the **Schuman's National Underclassmen Ultimate 100 Combine** in Carson, California at the Home Depot Center, July 5th and July 6th, 2008. Good luck boys.....this is your time to shine!
- The **Adrenaline Baseball Club** with member **Robert Johnson** just won the 14 & Under USSSA Baseball Southern California 2008 Summer Classic. The team is coached by Adrenaline parent, **Phil Johnson**. Congratulations, boys....way to represent!
- **Brianna Fatten**, a 9-year old athlete from **Tomas Rivera Elementary School**, decreased her 40-time from 7.10 to a 6.67 in just 6 weeks as a training member at Adrenaline. Her standing long jump went from 54" to 61" inches in the same period. Now, those are results!!!
- **Jarrett Ellis**, the Adrenaline Athlete-of-the-Month for April, just got 6 A's on his final report card of the year at **Amelia Earhart Middle School**. Wow...talented and smart! Way to go, Jarrett!!!
- Adrenaline members **Matt Lollis** and **Austin Barnes** were selected to play in the 7th Annual Riverside County High School All-Star Baseball Game. Matt, who is going to San Diego State in the fall, had three hits and an RBI in the West victory. Austin, heading to play at Arizona State next season, made a spectacular double play in the game that got the crowd in attendance to their feet.

Athletes from all over the Inland Empire are coming to Adrenaline Athletic Training to train like a pro. We have training athletes from Temecula to Apple Valley, from Norco to Yucaipa, and all cities in between.